

Lisnasharragh School Meals Kitchen Dining Hall Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 30/08/21 27/09/21 25/10/21 22/11/21 20/12/21	Steak Casserole Fresh Diced Turnip Mashed Potato Ice Cream, fruit & Chocolate Sauce	Roast Loin Pork Gravy cabbage Dry Oven Roast Potatoes Mashed Potato Swiss Roll & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Mushroom and onions Yoghurt or fresh fruit	Oven Baked Breaded Chicken Goujons Garden Peas Mashed Potatoes Carrot cake and custard	Salmon Fishcake Sweetcorn Crunchy Coleslaw Chips Baby Boiled Potato Flakemeal biscuit & Melon or Yoghurt
WEEK 2 6/9/21 4/10/21 1/11/21 29/11/21	Spaghetti Bolognese Grated Cheese Sliced Crusty Baguettes Homemade Rice Pudding & Peaches	Fresh Breaded Cod Goujons Baked Beans Tossed salad Mashed Potato Apple Crumble & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Homemade Shortbread & fruit	Roast Beef, gravy, Cauliflower Dry roast potato, mashed potato Strawberry muffin	Breaded Chicken Goujons or Chicken Baguette Selection of Salads Sweetcorn Chips Baked Potato Jelly & Ice Cream Or fresh Fruit
WEEK 3 13/9/21 11/10/21 8/11/21 6/12/21	Savoury Mince & Onion Fresh Baton Carrots Mashed Potato Chocolate and Orange Sponge & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Mushrooms and onions Flakemeal biscuit & mandarin orange	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato Swiss Roll & Custard Fresh Fruit	Roast Turkey Gravy Broccoli Dry Oven Roast Potatoes Homemade Rice Pudding & Pears	Hotdog, Sauté Onions Or Beef Fajita salad Peas Chips or Baby Boiled Potatoes Date krispie and milkshake
WEEK 4 20/9/21 18/10/21 15/11/21 13/12/21	Fresh Breaded Cod Fillets Baked Beans Carrot and Cucumber Sticks Mashed Potato Flakemeal Biscuit, Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Lemon Sponge & Custard	Irish Stew Homemade Wheaten Bread Strawberry ice cream Fruit Salad	Roast Beef Gravy Fresh Baton Carrots Dry Oven Roast Potatoes Mashed Potato Chocolate Brownie & Custard	Homemade Marguerita Pizza Crunchy Fresh Coleslaw Tossed salad Baked Potato Chips Jelly & fruit salad

**Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily**

**Selection of salads
available daily**

**If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form**

